

# CONTRACEPTION

## What is Contraception

Methods, medicines, and devices that are used to prevent a pregnancy. Contraception does not disrupt an already implanted pregnancy.



## How Contraception Works

All contraception prevents sperm from fertilizing an egg. Different contraceptive methods go about this prevention in different ways:

### Prevents Ovulation

- All hormonal contraception

### Physical Barriers

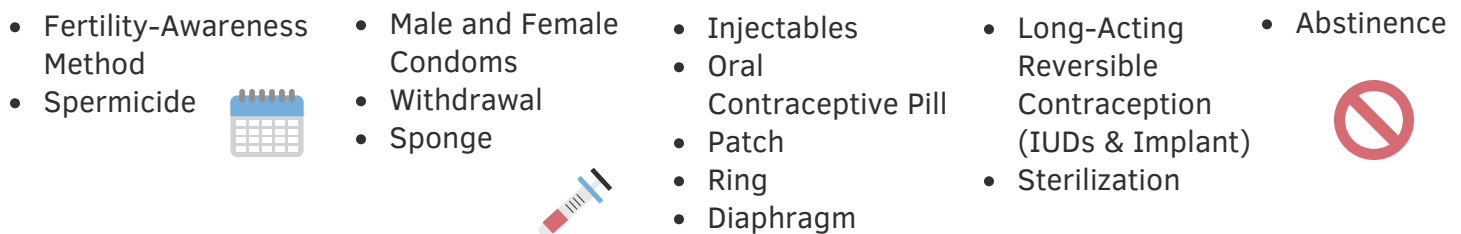
- Condoms
- Diaphragm
- Hormonal contraception thickens cervical mucus

### Incapacitates Sperm

- Copper IUD

Least Effective

Most Effective



## Types of Contraception

### Hormonal Contraception

- Hormonal IUDs & Implant
- Injectables
- Oral Contraceptive Pill
- Patch
- Ring

### Non-Hormonal Contraception

- Abstinence
- Copper IUD
- Sterilization
- Diaphragm
- Male and Female Condoms
- Withdrawal
- Sponge
- Fertility-Awareness Method
- Spermicide

